



NEHEMIAH

1

PRAYER

Each session will begin with an opportunity to help you connect with and get to know one another. Since this may be your first time together (or since you may have new members), take a few minutes to make sure everyone knows each other.

If you could suddenly know everything there is to know about one specific subject, what subject would you choose? What would you do with your newfound knowledge?

Play the "Session One: Prayer" video lesson.

What stood out to you from the video?

"COME TO GOD IN PRAYER. SIMPLY—BELIEVING HE IS YOUR FATHER WHO LOVES YOU DEEPLY. COME TO HIM. AS YOU ARE!"

— DUSTY FRIZZELL

In the following section, you will explore Bible passages and take part in discussion to apply insights from this session. If time is a concern, please choose just a few questions to discuss in your group.

Read Nehemiah 1:1-11

1. Who is the main person in your life to whom you go for advice or wisdom when you're not sure what to do? How has that person's advice steered you in the right direction? Where do you think their wisdom comes from?

2. When Nehemiah learns the wall of Jerusalem is in ruins, his first instinct is to seek God in prayer. Why do you think he prayed? Why should we pray when we receive news that troubles or upsets us? Why should we pray when we don't know what to do?

3. Even though Nehemiah lived far from his homeland, he maintained a connection to God through prayer. Why do we need to stay connected to God when we are disconnected from our loved ones and our church family? How can prayer help us get through seasons of loneliness?

Read Matthew 6:5-13 & Matthew 7:7-12

4. In these verses, Jesus teaches the disciples a very simple prayer. Why should we aim for simplicity in our prayers to God? What happens when we try to become too eloquent or impressive? What do you think God desires most from us when we pray to Him?

5. Why does God ask us to view Him like a heavenly parent? How does our relationship with God resemble the relationship of a parent and a child? How has your practice of prayer changed your relationship with God over time? How has the nature of your prayer life transformed over time?

6. What is something you're currently asking for in prayer? What subject has kept coming up in your conversations with God recently? How has God answered you?

DEEPER STUDY QUESTIONS

Read Luke 18:1-8

7. Through this parable, Jesus teaches that our prayers should be consistent and constant. Why is consistency and constancy in prayer such an essential piece of the Christian life? How does it serve as a display of our faith? How does consistent prayer form our character and fortitude?

8. What happens to us when we continually pray, yet it seems like nothing happens as a result? How would that make you feel? How might you lose faith over time? Why should we continually pray even when we don't immediately receive the thing for which we are asking?

PRAYER AND PRAISE

This is a place where you can write each other's prayer requests and make notes when God answers prayer. Pray for each other's requests out loud together as a group. If you're new to group prayer, you may pray silently.

Prayer Requests

Praise Reports